

MENTAL HEALTH AND SUBSTANCE ABUSE SERVICES FOR ADULTS in the Greater DANBURY AREA

24-hour Crisis, Hotlines and Emergency Information

Emergency calls (all situations)	911
INFOLINE (Statewide)	211
Access Health CT.....	accesshealthct.com
Access Line for opioid treatment and services (24 hour call center DMHAS)	1-800-563-4086
Connecticut Council on Problem Gambling Helpline	1-(800)346-6238/1-888-789-7777
Crisis Hotline (Western CT Mental Health Network)	1-888-447-3339
Danbury Hospital Mobile Crisis	(203) 739-7007
Help Inc./ Travisano Network: opioid walk-in assessment center/ substance abuse	(203) 794-1975
National Suicide Prevention Lifeline.....	1-800-273-TALK (8255)
Text support for people in crisis:	text "CT" to 741741

MENTAL HEALTH TREATMENT SERVICES

Catholic Charities (outpatient treatment)	(203) 743-4412
Connecticut Institute for Communities, Inc. (CIFC).....	(203) 791-5005
Outpatient Services, medication management, individual and group therapy. Admissions restricted at this printing; please call to check.	
Danbury Hospital's Community Center for Behavioral Health (Inpatient and Intensive Outpatient services only)	(203) 207-5480
New Milford Hospital's Behavioral Health Services (outpatient services)	(860) 354-3762
Newtown Youth and Family Services, Sandy Hook	(203) 270-4335
Perspectives Counseling (outpatient, intensive outpatient, medication management).....	(860) 276-3000
NAMI – Connecticut	1-800-215-3021

SUBSTANCE ABUSE TREATMENT SERVICES

Blue Sky Behavioral Health.....	(888) 832-8247
Connecticut Counseling Center:	(203) 743-7574
Substance abuse treatment, methadone maintenance, and methadone detox with outpatient care	
Connecticut Institute for Communities, Inc. (CIFC).....	(203) 791-5005
Outpatient Services (group), medication assisted treatment (naltrexone, Vivitrol)	
Help, Inc.	(203) 794-1975
Walk-in assessment center, outpatient, intensive outpatient, DBT, peer support, employment services, substance abuse treatment, medication assisted treatment	
MCCA- Torrington programs.....	(203) 792-4515
Substance abuse treatment: outpatient, intensive outpatient, 30 day residential (McDonough House), residential gambling program, residential detoxification DUI/Pretrial diversion program	
MCCA- New Milford programs	(860) 355-7312
Substance Abuse Treatment: Outpatient, Intensive Outpatient, Better Choice Gambling Program, Tobacco Cessation Treatment, DWI/DUI Pretrial Diversion. Trinity Glen, long-term Women's Residential treatment: (Kent)	
Trinity Glen, long-term Men's Residential treatment program (Sharon)	
Perspectives Counseling (outpatient, intensive outpatient).....	(860) 276-3000

DMHAS FUNDED PROGRAMS (not listed above)

Access via Western CT Mental Health Network-Danbury Area office, see below.

DMHAS eligibility criteria apply, including a diagnosis of severe and persistent mental illness

Western CT Mental Health Network – Danbury Area (WCMHN)	(203) 448-3200
Access/intake, Clinical Services, medication management, Case Management, Young Adult Services. Regional programs for ABI/TBI Services, Jail Diversion	
Ability Beyond	
Supported Employment.....	(888) 832-8247
Catholic Charities of Fairfield County	
Community Support Program.....	(203) 748-0848
Homeless Outreach Services	(203) 394-2428
New Heights (Psychosocial Center)	(203) 794-0819
Center for Human Development/Adult Mental Health (PILOT's).....	(203) 797-0691
Guardian Ad Litem Services Inc. (care coordination for persons with a conservator)	(203) 723-4332
Mental Health Connecticut	(203) 798-2853
Residential services: supported housing, transitional housing, and supervised apartments.	
Supported education.	(203) 757-5431
WarmLine for DMHAS-enrolled clients (peer-based phone support, non-crisis)	(860) 482-1783

USEFUL WEB SITES

Access Health CT.....	accesshealthct.com
Behavioral Health Website.....	connecticut.networkofcare.org/mh
CT Clearinghouse	www.ctclearinghouse.org
CT's Department of Mental Health and Addiction Services.....	www.ct.gov/dmhas
Infoline	www.infoline.org
Mental Health America	www.mentalhealthamerica.net
National Alliance on Mental Illness (NAMI).....	www.nami.org
National Institute of Mental Health	www.nimh.nih.gov
Young Adult website (developed and operated in CT)	www.TurningPointCT.org
Alcoholics Anonymous meetings in CT	ct-aa.org
Narcotics Anonymous in CT	call 1 (800) 627-3543 or ctna.org
Disordered Gambling www.portal.ct.gov/DGP/Gaming-Division/Gaming/Resources-for-Problem-Gambling	