

Western Region Resource List

To ensure that children and youth are connected to the care they need, below is a list of community-based supports and services. This list includes mental health evaluation and treatment resources along with related supports and services.

When in crisis, families can contact Mobile Crisis at 2-1-1 and press “1” and “1” again. Urgent Crisis Centers are also available statewide at four locations:

<https://portal.ct.gov/DCF/Behavioral-Health-Partnership/Home/Urgent-Crisis-Centers-for-Children>

The Assisted Intervention Matching (AIM) Tool can be used to help providers and parents identify well-matched services to meet a child's behavioral health needs.

<https://www.connectingtocarect.org/supports-services/aim/>

More information can be found at connectingtocarect.org or [Public Act No. 21-116](#)

Updated 12.1.23

Urgent Crisis Centers (UCC)

Walk-in clinics for families of children who are experiencing a behavioral health crisis but do not require emergency department level of care

Name of Agency	Service Provided	Location	Contact
Child and Family Agency of SE CT	UCC	255 Hempstead Street New London, CT 06320	860-437-4550
The Village for Families & Children	UCC	1680 Albany Avenue Hartford, CT 06105	860-297-0520
Wellmore Behavioral Health	UCC	141 East Main Street Waterbury, CT 06702	203-580-4298
Yale New Haven Hospital	UCC	20 York Street New Haven, CT 06510	203-688-4707

Community Based Behavioral Health

LEGEND | Outpatient Psychiatric Clinics for Children (**OPCC**) | Extended Day Treatment (**EDT**) | Care Coordination (**CC**) | Mobile Crisis (**MC**) | Modular Approach to Therapy for Children (**MATCH**) | Trauma-Focused Cognitive Behavioral Therapy (**TF-CBT**)
 For mobile crisis, dial 2-1-1, press “1” and “1” again to be directly connected

Name of Agency	Service Provided	Location	Contact
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Charlotte Hungerford	OPCC/EDT MATCH/TF-CBT	50 Litchfield Street Torrington, CT 06790	860-489-3391
Community Mental Health Affiliates	OPCC/EDT MATCH/TF-CBT	255 Bank Street, 4 th Fl Waterbury, CT 06704	860-596-9724
Family and Children's Aid, Inc.	OPCC/EDT TF-CBT	75 West Street Danbury, CT 06810	203-205-2616
Family and Children's Aid, Inc.	OPCC	325 Danbury Road New Milford, CT 06776	860-354-8556
Family and Children's Aid, Inc.	OPCC/EDT TF-CBT	30 Holmes Avenue Waterbury, CT 06702	203-755-2868
Wellmore, Inc.	OPCC/CC MATCH/TF-CBT	141 East Main Street, 2 nd Fl Waterbury, CT 06702	203-756-7287
Wellmore, Inc.	OPCC	333 Church Street, 1 st Fl Naugatuck, CT 06770	203-723-9599
Wellmore, Inc.	MC/CC	402 E. Main Street Waterbury, CT 06702	203-755-1143
Wellmore, Inc.	MC/CC	30 Peck Road, Bldg 2 Ste 2203 Torrington, CT 06790	860-626-7007

Youth Services Bureau (YSB)

YSBs provide a network of resources and opportunities for children, youth, and their families. A wide range of services and programs are offered with the goal of helping youth to develop positively and to function as responsible members of their communities.

Name of Agency	Location	Contact
Danbury Youth Services, Inc.	91 West Street Danbury, CT 06810	203-748-2936
Housatonic Youth Service Bureau, Inc.	246 Warren Turnpike Falls Village, CT 06031	860-824-4720
Naugatuck Youth Services	13 Scott Street Naugatuck, CT 06770	203-720-5673
New Milford Youth Agency	2 Pickett District Road New Milford, CT 06776	860-210-2030
Newtown Youth and Family Services	15 Berkshire Road Sandy Hook, CT 06482	203-270-4335
Torrington Youth Service Bureau	8 Church Street Torrington, CT 06790	860-496-0356
Ridgefield Youth Service Bureau	90 East Road Ridgefield, CT 06877	203-438-6141
Waterbury Youth Services	83 Prospect Street Waterbury, CT 06702	203-573-0264

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Watertown Youth Services	324 French Street Watertown, CT 06795	860-945-5017
Winchester Youth Services	480 Main Street Winchester, CT 06098	860-379-0708 x211

School Based Health Centers (SBHC)

Eligible students are those that attend the schools in which the SBHC is located

*Note Expanded School Health Sites provide medical or behavioral health services where SBHC provides both

For a full comprehensive list of all SBHCs, click here: <https://viewer.mapme.com/casbhc>

Name of School	Location	Contact
Broadview Middle School	72 Hospital Avenue Danbury, CT 06810	203-731-8274
Danbury High School	43 Clapboard Ridge Road Danbury CT 06811	203-790-2886
Rogers Park Middle School	21 Memorial Drive Danbury, CT 06810	203-778-7479
Newtown Middle School	11 Queen Street Newtown, CT 06470	203-270-6114
Crosby-Wallace Middle/ High School	3465 East Main Street Waterbury, CT 06705	203-574-8140
Driggs Elementary School	77 Woodlawn Terrace Waterbury, CT 06710	203-596-9503
Wilby/North End	534 Bucks Hill Road Waterbury, CT 06705	203-574-8100

Family Resource Centers (FRC)

Located within public school buildings, FRCs provide access, within a community, to a broad continuum of early childhood and family support services which foster the optimal development of children and families.

Name	Location	Contact
Morris Street School	28 Morris Street Danbury, CT 06810	203-790-2682
Vogel-Wetmore School	68 Church Street Torrington, CT 06790	860-489-8552
Reed School	33 Griggs Street Waterbury, CT 06704	203-574-8180
Woodrow Wilson School	235 Birch Street Waterbury, CT 06704	203-573-6664
Batcheller Early Education Center	201 Pratt Street Winsted, CT 06098	860-379-5423 x5262

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Partner Organizations



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Regional Behavioral Health Action Organization (RBHAO) overseeing Regional Suicide Advisory Board (RSAB)

Specific RBHAO town information can be found: <https://portal.ct.gov/-/media/DMHAS/Prevention/RBHAOContacts.pdf>

Specific RSAB town information can be found: <https://www.preventsuicidect.org/get-involved/regional-advisory-boards/>

Name of Agency	Service Provided	Location	Contact
Western CT Coalition	RBHAO RSAB	7 Old Sherman Turnpike Danbury, CT 06810	203-743-7741
<i>Western CT Coalition Serving: Barkhamsted, Beacon Falls, Bethel, Bethlehem, Bridgewater, Brookfield, Canaan, Cheshire, Colebrook, Cornwall, Danbury, Goshen, Hartland, Harwinton, Kent, Litchfield, Middlebury, Morris, Naugatuck, New Fairfield, New Hartford, New Milford, Newtown, Norfolk, North Canaan, Oxford, Prospect, Redding, Ridgefield, Roxbury, Salisbury, Sharon, Sherman, Southbury, Thomaston, Torrington, Warren, Washington, Waterbury, Watertown, Winchester, Winsted, Wolcott, and Woodbury</i>			
National Suicide Prevention Lifeline		https://suicidepreventionlifeline.org/	1-800-273-8255
Crisis Text Line		https://www.crisistextline.org/text-us/	Text CT to 741741

Statewide Programs

Name of Agency	Service Provided	Location	Contact
Carelon Behavioral Health	CC/Intensive Care Coordination	500 Enterprise Drive Rocky Hill, CT 06067	877-552-8247
Connecticut Coalition Against Domestic Violence	Advocacy and Support	https://www.ctcadv.org/	888-774-2900
FAVOR, Inc.	Family Advocacy Family Peer Support	185 Silas Deane Highway Wethersfield, CT 06109	860-563-3232
Office of Healthcare Advocate	Advocacy Services for Healthcare Plans	https://portal.ct.gov/OHA	866-466-4446

OHA is an independent state agency that provides advocacy services for Connecticut healthcare consumers. OHA does not replace your health plan. We hold health plans accountable and help you successfully resolve your healthcare issues.

Disclaimer: This may not be an exhaustive list of the services available in your area. For additional services, you may reach out to your local children's behavioral health collaborative listed at www.connectingtocarect.org or contact Infoline 2-1-1 Connecticut at www.211ct.org.

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